

**South East Edinburgh Cluster  
St Catherine of Alexandria  
St Gregory the Great  
St John Vianney**



**Youth Group Leader**

St Catherine's, St Gregory's and St John Vianney's work together as a cluster of parishes.

As a Cluster, we recognise the vitally important part young people play now and in the future in our communities.

One way in which we reach out to and involve our young people is through the **Cluster Youth Group**. The Youth Group meets fortnightly and is open to:

- P6 to S1 (6.00-7.30 pm)
- S2 to S4 (7.45-9.15 pm).

It is there to:

- Help young people to socialise and have fun
- Provide opportunities for young people to meet and learn from others
- Build confidence and broaden horizons.

This leaflet describes what is involved in being a leader at our Youth Group.

### **What time commitment is a Youth Leader asked to make?**

- ✓ 2-4 hours on a Friday night (in St John Vianney's hall) once every two weeks. This is only during school term time.
- ✓ 2 hours, once every two months, to attend a Management Committee meeting.
- ✓ Opportunities for relevant training, as required.
- ✓ Attending Child & Adult at Risk Protection Awareness training (2 hours, initially, and update training, as required).
- ✓ Making a commitment, initially for a period of 6 months, and then reviewing that commitment with the Youth Coordinator.

### **What does being a Youth Leader involve?**

- ✓ Supporting and supervising young people in the P6-S4 age group in a variety of activities.
- ✓ Helping to plan a programme of activities.

### **What gifts and talents might a Youth Leader have?**

- ✓ Team worker
- ✓ Ability to work on own initiative
- ✓ Patience
- ✓ Sense of humour
- ✓ Ability to relate well to young people and adults
- ✓ Commitment to the physical, spiritual and emotional well being of all young people, especially those with whom they come into contact.

### **Are there any age restrictions?**

- ✓ Only those who are at least 18 years of age can be a Youth Leader.
- ✓ 16 and 17 year olds can be Young Leaders.

## What support will be provided for a Youth Leader?

- ✓ Initial and ongoing training in youth leadership (course run by Lothian Association of Youth Clubs)
- ✓ Support to apply through the Diocesan Child & Adult at Risk Protection process and Disclosure Scotland
- ✓ First Aid training for those who volunteer to provide First Aid.
- ✓ One-to-one support, on an ongoing basis, from the Youth Coordinator.

For further information please contact:

Fred McConnell, *Youth Coordinator*

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St Paul encourages us, as he did the early Christians, to serve one another and to use the gifts and talents we have been given:

*There is a variety of gifts, but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each is for a good purpose.*

1 Corinthians 12<sup>4-7</sup>